# Morning

#### Monday

# Tuesday

## Wednesday

## **Thursday**

#### Friday

9am - 5pm Family Advice & Guidance

**Healing 9-5 Together Targeted Group** 

10:30am - 11:30am **Baby Massage Referral Only** Starting in June

3:30pm - 5pm **Art Attack Ages 8 - 11 Drop-in** 

9am - 5pm Family Advice & Guidance

**Healing 9-5 Together Targeted Group** 

9:30am - 11am **Tea and Toast Drop-in** 

9:30am - 11am **Youth Connect 5 Referral Only** Starting in June

10am - 11:30am **Sefton Carers Drop-in** 

12pm - 4pm **Sefton Carers 1-1 Appointment Only**  9am - 5pm Family Advice & **Guidance** 

10am - 12pm **SWACA Drop-in** 

**Healing 9-5 Together Targeted Group** 

1pm - 2:30pm Youth Connect 5 (Transitions) **Referral Only** Starting in June

1pm-4pm **Baby Weighing Clinic Booking Required** 

1:30pm - 3pm **Baby Explorers Drop-in** 

9am - 5pm **Family Advice & Guidance** 

**Healing 9-5 Together Targeted Group** 

9:30am - 11am Tea and Toast Drop-in

10am -12pm **Riding the Rapids Targeted Group** 

10am - 12pm **Little Chefs Referral Only** Starting in June

1pm - 2:30pm **Chatter Time Referral Only Starting in June** 

1pm - 3pm **DWP Drop-in** 

5pm - 8pm **Parent Carer Forum Online**  9am - 5pm Family Advice & **Guidance** 

**Healing 9-5 Together Targeted Group** 

10am - 1pm Households into Work Fortnightly Drop-in

#### **Virtual Offer**

**Information, Advice** and Guidance

**Breastfeeding support** 

Family Hubs

**Parent Carer Panel** 

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