

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**11am - 1pm
Caring Dads
Targeted Group
Referrals only
through Brighter
Kinder Futures -
brighterkinderfutures
@seton.gov.uk**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**9am - 12pm
Well Baby Clinic
Appointment Only**

**9am - 12:30pm
PCN ACE's
Targeted Group
Referral only**

**10:30am - 12pm
Chatter Time
Referral only
Starting in June**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**12pm-2pm
Cancer Navigator
Closed Group**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**10am - 12pm
Riding the Rapids -
Primary
Referral only**

**9am-7pm
PCN ACE's
Targeted Group
Referral only**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**10am-11:30am
Little Explorers (0-4)
Drop-in**

Afternoon

Caradoc Road, Seaforth L21 4NB | 0151 286 7807 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

**9am - 5pm
Family Advice & Guidance
Drop-in**

**Healing Together 1-1
Targeted Group
Referral only**

**9:30am - 11am
Tea & Toast
Drop-in**

**9am - 5pm
Family Advice & Guidance
Drop-in**

**9am - 5pm
Venus
Targeted Group**

**Healing Together 1-1
Targeted Group Referral only**

**9:30am - 11am
Youth Connect 5 Transition
Targeted Group Referral only
Starting in June**

**9:30am - 12pm
DWP Advice
Targeted Group**

**10am - 12pm
Incredible Years Course
Targeted Group Referral only**

**10am - 12pm
Riding the Rapids
Targeted Group Referral only**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**9am - 5pm
Venus
Targeted Group**

**Healing Together 1-1
Targeted Group**

**9am - 5pm
PCN ACE's
Targeted Group
Referral only**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**9am - 5pm
Venus
Targeted Group**

**Healing Together 1-1
Targeted Group**

**9am - 5pm
CAHM's PCN
Targeted Group**

**9:30am - 12pm
Perinatal Group
Targeted Group**

**10am - 12pm
Households into Work
Appointment Only**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**9am - 5pm
Venus
Targeted Group**

**Healing Together 1-1
Targeted Group**

**9am - 10am
Tea & Toast
Drop-in**

Linacre Lane, Bootle L20 5AQ | 0151 330 5260 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Monday

Tuesday

Wednesday

Thursday

Friday

Afternoon

1pm - 4pm
Career Connect
Targeted Group
Referral only

1pm - 2:30pm
Little Chefs
Referral Only
Starting June

5pm - 8pm
Parent Carer Forum
Virtual Session

1:30pm - 2:30pm
Baby Rhyme Time
Drop-in

3pm - 5pm
Art Attack
Ages 8 - 11
Referral only

5pm - 8pm
CGL M Pact Programme
Targeted Group

1pm - 2pm
Baby Massage
Referral Only
Starting in June

1pm - 3pm
Volunteer Programme
Targeted Group

12:30pm - 2pm
Perinatal Group
Targeted Group
Referral only

6pm - 8pm
Caring Dads
Targeted Group
Referrals only
through Brighter
Kinder Futures -
s@seton.gov.uk

1:30pm - 3pm
Peep
Targeted Group
Referral only
Starting in June

Virtual Offer
Information, Advice,
and Guidance

Breastfeeding
Support

Parent Carer Panel

Linacre Lane, Bootle L20 5AQ | 0151 330 5260 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Sefton Family Hubs

Cambridge Family Hub

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**9:30am - 2:30pm
Sefton Parent Carers
Forum
Term time drop-in**

**10am - 11:30am
Little Explorers (0-4)
Drop-in**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**9:30am - 7pm
PCN ACE's
Targeted Group
Referral only**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**9:30am-2:30pm
Sefton Parent Carers
Forum
Term time drop-in**

Afternoon

**12:30pm-2:30pm
ACE's
Targeted Group
Referral only**

Cambridge Road, Bootle, L20 9LQ | 0151 282 5436 | Seftonfamilyhubdeliveryteam@sefton.gov.uk