

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

**9am - 5pm
Family Advice & Guidance
Drop-in**

**Healing 9-5 Together
Targeted Group**

**9am - 10am
Tea & Toast
Drop-in**

**9am - 5pm
Family Advice & Guidance
Drop-in**

**9am - 5pm
Venus
Targeted Group**

**Healing 9-5 Together
Targeted Group**

**9:30am - 11am
Youth Connect 5 Transition
Targeted Group
Starting in June**

**9:30am - 12pm
DWP Advice
Targeted Group**

**10am - 12pm
Incredible Years Course
Targeted Group**

**10am - 12pm
Riding the Rapids
Targeted Group**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**9am - 5pm
Venus
Targeted Group**

**Healing 9-5 Together
Targeted Group**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**9am - 5pm
Venus
Targeted Group**

**Healing 9-5 Together
Targeted Group**

**9am - 5pm
CAHM's PCN
Targeted Group**

**9:30am - 12pm
Perinatal Group
Targeted Group**

**10am - 12pm
Households into Work
Appointment Only**

**9am - 5pm
Family Advice &
Guidance
Drop-in**

**9am - 5pm
Venus
Targeted Group**

**Healing 9-5 Together
Targeted Group**

**9am - 10am
Tea & Toast
Drop-in**

Linacre Lane, Bootle L20 5AQ | 0151 330 5260 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Monday

Tuesday

Wednesday

Thursday

Friday

Afternoon

1pm - 4pm
Career Connect
Targeted Group

1pm - 2:30pm
Little Chefs
Referral Only
Starting June

5pm - 8pm
Parent Carer Forum
Virtual Session

1pm - 2:30pm
Chatter Time
Referral only
Starting in June

3:30pm - 5pm
Art Attack
Ages 8 - 11
Drop-in

5pm - 8pm
CGL M Pact Programme
Targeted Group

1pm - 2pm
Baby Massage
Referral Only
Starting in June

1pm - 3pm
Volunteer Programme
Targeted Group

12:30pm - 2pm
Perinatal Group
Targeted Group

5pm - 8pm
Caring Dads
Targeted Group

1:30pm - 3pm
Peep
Targeted Group
Starting in June

Virtual Offer
Information, Advice,
and Guidance

Breastfeeding
Support

Parent Carer Panel

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