# First Steps Family Hubs

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# Monday

#### **Tuesday**

## Wednesday

## Thursday

## Friday

10am - 11am Little Treasures For birth to crawling Drop-in 9:30am - 11:30am Life's for Living Sefton (Children) Session runs on 25/6 Booking required

10am - 12pm Life's for Living Sefton (Adults) Sessions run on 11/6 & 9/7 Booking required 10:30am - 11:30am
Little Chefs
For 2 - 5 year olds
Facilitated by partners
Booking Required

£12 for a 5-week course 25/4 - 23/5

£15 for a 6-week course 6/6 - 11/7

1pm - 2pm Baby Weigh-in Book with your Health Visitor 1:30pm-2:30pm Top Tots For 18 months + Drop-in

#### Saturday

10am - 12pm Dad's Club

Sessions run on the following dates: 3/5, 17/5, 31/5, 14/6, 28/6, 12/7

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