

# Tastè!

## Great menus everyday

### WEEK ONE

#### MAINS

#### SUB BAR

#### JACKETS/PASTA/PIZZA

#### DESSERT OF THE DAY

MONDAY

Sausage & Mash Peas  
Onion Gravy

Ⓥ

Quorn Burrito  
Green Salad & Salsa

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
Selection of toppings  
Hot or Cold

Pasta King

Homemade fresh Pizza slice

Pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

TUESDAY

Irish Stew  
Red Cabbage & Warm Crusty Bread

Ⓥ

Quorn Tikka Masala  
Yellow Rice  
Naan Bread

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
Selection of toppings  
Hot or Cold

Pasta King

Rice Pot

Pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

WEDNESDAY

Roast Gammon  
Or  
Quorn Fillet in  
Veggie Gravy

Ⓥ

Cauli & Broccoli Cheese  
Baton Carrots  
&  
Roast Potatoes

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
Selection of toppings  
Hot or Cold

Pasta King

Homemade fresh Pizza slice

Pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

THURSDAY

Chicken Balti  
&  
Mixed Veg Rice

Ⓥ

Onion Bhaji &  
Veg Samosas  
Mixed Vegetable Rice  
&  
Curry Sauce

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
Selection of toppings  
Hot or Cold

Pasta King

Rice Pot

Pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

FRIDAY

Battered Fish  
Chipped Potatoes  
Mushy Peas

Ⓥ

Cheese & Red  
Onion Quiche  
Chunky Coleslaw  
&  
Chipped Potatoes

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
Selection of toppings  
Hot or Cold

Pasta King

Homemade fresh Pizza slice

Pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl



Suitable for vegetarians. All dishes are freshly prepared and cooked on site using only fresh seasonal vegetables.

# Tastë!

## Great menus everyday

### WEEK TWO

#### MAINS

#### SUB BAR

#### JACKETS/PASTA/PIZZA

#### DESSERT OF THE DAY

MONDAY

Spaghetti Bolognese  
Garlic & Herb Bread

☑ Sweet Chilli  
Noodles  
with Mixed Pepper  
& Mushrooms

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
Selection of toppings  
Hot or Cold

Pasta King

Homemade Fresh Pizza slice

pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

TUESDAY

Homemade  
Minced Beef Pasty  
Mashed Potatoes & Gravy  
Garden Peas

☑ Cheese &  
Potato Pie  
Baked Beans

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
Selection of toppings  
Hot or Cold

Pasta King

Rice Pot

pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

WEDNESDAY

☑ Roast Pork & Gravy  
or  
Quorn Roast &  
Veg Gravy  
Spring Cabbage  
Diced Carrots  
&  
Roast Potatoes

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
A Selection of Toppings  
Hot or Cold

Pasta King

Homemade Fresh Pizza Slice

pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

THURSDAY

Beef & Green Pepper  
In Black bean Sauce  
With  
Egg Fried Rice

☑ Quorn Dippers  
Egg Fried Rice  
&  
Sweet and Sour Sauce

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
Selection of toppings  
Hot or Cold

Pasta King

Rice Pot

pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

FRIDAY

Jumbo Fish Finger  
Peas  
Chipped Potatoes

☑ Fishless Fingers  
Peas  
Chipped Potatoes

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
A Selection of Toppings  
Hot or Cold

Pasta King

Homemade Fresh Pizza Slice

pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

☑ Suitable for vegetarians. All dishes are freshly prepared and cooked on site using only fresh seasonal vegetables.

# Tastè!

## Great menus everyday

### WEEK THREE

#### MAINS

#### SUB BAR

#### JACKETS/PASTA/PIZZA

#### DESSERT OF THE DAY

MONDAY

Chicken Fajitas  
Potato Wedges  
Salsa

☑ Quorn & Mushroom  
Fajitas  
Potato Wedges  
Salsa

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
Selection of toppings  
Hot or Cold

Pasta King

Homemade Fresh Pizza Slice

pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

TUESDAY

Chilli Con Carne  
&  
Mixed Veg Rice

☑ Jacket Wedges  
Topped with  
Quorn Chilli  
& Mozzarella Cheese

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
Selection of Toppings  
Hot or Cold

Pasta King

Rice Pot

pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

WEDNESDAY

Roast Beef & Gravy  
or  
☑ Quorn Roast & Veg Gravy  
Yorkshire Pudding

Carrot & Turnip  
Roast Potatoes

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
A Selection of Toppings  
Hot or Cold

Pasta King

Homemade Fresh Pizza Slice

pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

THURSDAY

☑ Chicken Curry  
or  
Sweet Potato &  
Chickpea Curry

Basmati Rice  
&  
Naan Bread

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
A Selection of Toppings  
Hot or Cold

Pasta King

Rice Pot

Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

FRIDAY

Battered Fish  
Garden Peas  
&  
Chipped Potatoes

☑ Cheddar and  
Red Onion Quesadillas  
Coleslaw & Chipped Potatoes

Freshly Prepared Salad  
A Selection of fillings

Choice of Bread

Cold Tuna Pasta Pots

Salad Boxes  
Meat or Veggie

Jacket Potatoes  
A Selection of Toppings  
Hot or Cold

Pasta King

Homemade Fresh Pizza Slice

pudding of the Day  
Homemade Muffin or Biscuit  
(choice from across the range)

Fresh Fruit Pots  
Yoghurts  
Fruit Bowl

☑ Suitable for vegetarians. All dishes are freshly prepared and cooked on site using only fresh seasonal vegetables.