

### January 2024

Happy New Year! We hope that you had a restful Christmas with lots of joy and happiness.

The new year brings many exciting opportunities. Our new Lifelong Learners Pilot Project will launch in January working in partnership with many professionals across the sector. We welcome Prof Ferre Laevers to Sefton to share his revolutionary research which prioritises children's well-being and engagement. In February we host our second conference with the fabulous Julie Fisher, Alice Sharp and Jenny Holder. Plans are in place to support Home Learning Environments and our new Early Years website will launch alongside the Language Pathway. The use of the small steps tracker will continue to roll out, with the introduction of the Boxall tool for some settings.

Alongside all this, our vast CPD offer will continue, as outlined below.

Jen Teasdale: Service Manager

#### **EYFS FRAMEWORK CHANGES 4.1.2024**

Please be aware of the regulatory changes which have been made to the Early Years Foundation Stage framework which are live from 4th January 2024. Please see attached document for more details about the changes and click on the attached link to read the revised documents: Early years foundation stage (EYFS) statutory frame-

#### \*\*\*\*\* 5 STAR PORTAGE SERVICE \*\*\*\*\*

Huge congratulations to our portage team who have been graded a 5\* service yet AGAIN by the National Portage Association. This is a fantastic achievement and is testament to the hard work that this service delivers for our youngest learners.

### **Transition**

Now is the time to start thinking about the process of Transition, to ensure we can get this right for every single child who will move to a different setting in September 2024.

This year our transition event will take place on

## Monday 13th May 2024 1-4pm

In order for this be as successful as possible, we ask that a representative from all PVI settings and schools can attend this afternoon. A transition passport should be completed for each child which can be shared at this time. The event allows for those all important conversations to take place regarding the unique needs of every child. The SEND team will be in attendance as well as the complex needs team.

All schools and settings will receive a FREE pack of resources to support transition, including story books and support for parents.

#### Feed back from last years event I found this event extremely useful. Having Able to transfer time to chat to schools information & book about the children was visits there & then. invaluable. Really positive way of Great idea to see a lot sharing information, thank you for organising it early of the pre school as we have time to follow settings in one up settings. afternoon.



## Looking after Yourself & Your Team: Movement, Motivation & Mindfulness

Embrace the new year by prioritising your own health and wellbeing. Here are some reading suggestions to inspire some new ways of thinking to nurture the mind and body.

Spark: The Revolutionary New Science of Exercise and the Brain John J. Ratey

The Body Keeps the Score Bessel van der Kolk

The Little Book of Hygge Meik Wiking

The Power of Now Eckhart Tolle

The Blue Zones Dan Buettner

Eat, Move, Sleep Tom Rath

Babies Learn Language Best Through Sing-Song Speech,

# Not Phonetics....

New research suggests that parents should use sing-song speech, such as nursery rhymes, with their babies, as it aids language development.



Contrary to the belief that phonetic information is the foundation of language, this study reveals that rhythmic speech plays a crucial role in language acquisition during a child's first months. Phonetic information is not reliably processed until around seven months of age, whereas rhythmic information helps babies recognize word boundaries from the start.

The study also sheds light on language learning and its relation to dyslexia and developmental language disorders.

Please click the link to read more... <u>Babies Learn Language Best Through Sing-Song Speech, Not Phonetics - Neuroscience News</u>

Let's tell a Story... National Story-telling week 27th January-4th February.

Watch this space!



# **Spring Term CPD Opportunities**

Early Years in Schools Network Meeting 11th January 2024

Early Years Senco Network Information Session 16th January 2024

PVI Hub Meeting 17th January 2024

There's a World Out There: Outdoor Training for Spring 18th January 2024

Small Steps Development Journal (Repeat) 19th January 2024

Early Years Graduated Approach Toolkit (repeat) 19th January 2024

Good Autism Practice: Module 2 23rd January 2024

Prof Ferre Laevers Conference 24th January 2024

Two Year Old Forum 26th January 2024

Mental Health Forum 2nd February 2024

Parent Champion Forum 5th February 2024

Foetal Alcohol Spectrum Disorder: What we need to know in the Early Years 6th February 2024

Sefton Early Years Conference & Strategy Launch 9th February 2024

Seftons DSL and Deputy DSL lead: Day One (PVI only) 20th February 2024 and Day Two 27th February

2024

Monkey Bob: Do you feel what I feel? 21st February 2024

Nursery Provision in Schools Cluster Meeting 21st February 2024

Baby Room Programme (3 week course) 22nd February 2024

Language Champion (2 day course) 26th February 2024

Early Years in Schools Network Meeting 28th February 2024

Subject Lead Training for EYFS: Various dates 5-8th March

Designated Safeguarding Forum 15th March 2024

Baby Room Forum 18th March 2024

Language Champion Forum 25th March 2024

SEND in the Early Years, Sharing & Developing Best Practice 26th March 2024

# I wonder..... Supporting Practitioner CPD



This is a new section of the newsletter which will help us to ponder new approaches and ideas. We encourage you to debate the 'I wonder' prompt as a team if possible. Discuss your personal experiences in relation to the suggestion, and consider carefully how the approach might work in your setting. Remember that new approaches take time to implement for both children and practitioners, and so you might not start to see the impact for a good couple of weeks or even longer. Observe carefully and share reflections as a team—this could be scribbled on a whiteboard or shared in a WhatsApp group. And please, share your experiences with us!



### Let's discuss...

The starting point (our intent)... We know how easy it is for clutter to build up as we work so hard to meet the varied interests and needs of the children. During the pandemic, the stuffed shelves and piles of toys were banished, and practitioners found that children were more engaged and stimulated with less resources available. A new year brings us a fresh start to strip back with careful consideration to what is being offered and why. Every single resource should earn its place within provision. Consider...does it add challenge? Does it appeal to children's interests? Does it support progression in learning?

The opportunity (our implementation)... When clutter is removed we should see children who are more engaged. This will also support the interaction of practitioners who will be less overwhelmed. Early Years expert Penny Tassoni, says de-cluttering also has an impact on staff time because 'they constantly find themselves tidying up as toys get strewn around, and children do not learn the self-regulation of tidying away'. Any resources that are specifically for adults should also be tidy, and ideally not within the children's learning space. Embrace the 'less is more' approach for a fresh start to the new year!

**The success (our impact)...** Learning spaces will feel brighter and bigger with clean lines and a calm feel. Children will feel safe and secure in the knowledge that they know were everything goes, and can access what they need easily leading to greater engagement and learning potential.

Please report back on how you found this. What did you observe? Was there an impact? Did anything interesting happen?