

# Adult Social Care *Vision*

Adult Social Care Vision



We want people who live in Sefton to live healthy and fulfilling lives for as long as possible.

If and when they need it, we want people to have access to a choice of good quality care and support that has a positive impact on their lives.

We want to offer Care and Support that empowers people to live an independent life, exercise choice and control, and be fully informed. We will ensure that services are targeted at protecting the most vulnerable and enabling everyone to be as independent as possible for as long as possible. Our offer will be focused on prevention, support, advice and build support plans based on an individuals assets and built around gaining the right outcomes for that individual from a range of minimally invasive offers. We will support individuals to live as independently as possible and work to prevent needs escalating to a point of reliance on more formal complex care delivery. We will focus our efforts on ensuring a diverse range of high quality care and support offers to meet the full spectrum of need. We will learn the lessons from responding to Covid 19 and continue to deliver quality effective service to people who live in Sefton that meets needs what ever the challenge may be.

This document should be read along side the Adult Market Position Statement for Sefton which details key supply and demand, strategic landscape and how we wish to work with providers of Health and Care in Sefton to ensure the very best offer when people need us most.

Plan on a page:

# ADULT SOCIAL CARE VISION

We want people who live in Sefton to live as independently as possible for as long as possible. If and when they need it, we want people to have access to good quality support that has a positive impact on their lives.

Helping people to help themselves

Helping people when they need it

Helping people to live their lives as independently as possible

## Informal Support and Universal Services

- Connecting people with information and support that is available within their local communities
- Helping people make the most of existing networks.
- Providing good quality advice and information at the first point of contact

LESS SUPPORT NEEDED

## Short Term

Support with a focus on regaining independence

- Providing support for a short period of time that is focused on enabling people to regain their independence
- Providing equipment, adaptations and assistive technology that prevents the need for personal care services

LESS SUPPORT NEEDED

## Long Term

Support with a focus on maximising independence

- Person centred support that helps people achieve what is important to them.
- Providing support in a way that helps people live their lives as independently as they are able to.

MORE SUPPORT NEEDED

MORE SUPPORT NEEDED

### We will do this by delivering a model of support where we:

**Help people to help themselves:** We work alongside people to help them to keep well and do as much for themselves as possible, for as long as possible.

- Connecting people with information and support that is available within their local communities
- Helping people make the most of existing networks
- Providing good quality advice and information at the first point of contact

**Help people when they need it:** Working with people in a timely way when they are in need some intensive support for a short period OR providing people with some low level support such as some equipment or assistive technology to prevent the need for ongoing support.

- When people approach us for support, we will initially consider whether their needs can be met with some low level support such as equipment of assistive technology, that would enable them to remain independent.
- We would also consider whether a period of intensive support would help them to regain their independence and prevent the need for ongoing support.
- When people approach us in a time of crisis or when they are desperate, we will respond quickly to prevent the situation becoming worse. We will help them through the time of crisis and when things are more stable, we will work with them and their families to consider what if any longer term support might be required.

**Help people live their lives:** For those people who have needs that require longer term care and support we will ensure that services are focussed on what is important to them and on restoring, enhancing or maintaining their independence.

- We will have conversations with people and their families about how they want to live their lives, what they want to achieve and what is important to them.
- We will create support plans that include short term and longer term goals, and which will include aspects of restoring, enhancing and maintaining independence.
- We will keep these under active review and where progress to greater independence is achieved, we will look to reduce services accordingly.

### We will also:

- Work with the market to ensure a diverse range of flexible care and support. Giving choice and control to the individual and equipping our practitioners with the right tools to build person centred outcome focused support plans.
- Ensuring services are operating and delivering to the highest possible quality standard
- Ensuring value for money and best use of resource
- Recognise our joint responsibility in supporting the vital role undertaken by informal Carers.
- Keeping people safe from abuse, neglect and harm by carrying out effective safeguarding partnerships across boundaries.
- Developing a flexible workforce with the right skills to work across organisational boundaries, that focuses on asset based approaches.
- Through commitment to coproduction and co design to ensure the voice of the adult is clear in the way our practice and services are delivered.
- Utilising the opportunities integrated practice can provide to ensure services delivered to people are seamless
- Working together with our Health Partners to have a shared understanding of demand and supply, and working together to commission services where this makes sense, based on need and best practice and the most effective way to meet outcomes.
- We will work as a system inclusive of our providers to ensure that we can work together to meet the outcomes the people of Sefton need and deliver the best quality effective services.
- Through a strengthened reablement offer, that means we have the capacity to offer a focused period of reablement to all individuals entering Care at Home services as part of a discharge process or crisis in the community.
- Through the recommissioning of supported living services, day services offers and respite in Sefton.
- Through the continued progression as a leader in the regional Single handed care transformation programme, that seeks to deliver dignity in care where ever possible through the maximisation of the use of equipment and manual handling techniques, ensuring Double handed Care (to date savings have been made in 25% of cases)

### We will adopt the following principles:

- Early Intervention and Prevention
- Intelligence led decision making
- Innovation and ready for the future
- Coproduction and co design of our services.
- A valued workforce that is fit for the future
- Increased choice enabling people to have control over their lives, improving outcomes and maximising independence
- High quality and person-centred services that respect people's dignity, rights and choices
- Safeguarding
- Support and involve Carers
- Recognise volunteering and social action as key enablers
- Provide choice that focuses on outcomes and maximising independence  
Design and deliver integrated services which are created in partnership with people and communities

Through the delivery of this delivery we will see the Adult Social Care Outcome framework reflect the impact we are having and our ambition is to see top quartile national performance in all key areas in 5 year times. The Adult Social Care dash board will be regularly reviewed by the team and Cabinet Member for Adult Social Care with challenge and oversight given by the Sefton Health and Wellbeing board. This is how we will know the vision has made the impact its intended to.

