

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9:30am - 11:30am
Family Advice & Guidance
Drop-in

9am - 5pm
Volunteer Programme
Targeted Group

9:15am - 11:15am
Parent Carer Forum
Drop-in

9:30am - 11:30am
Family Advice &
Guidance
Drop-in

9:30am - 11:30pm
Henry Programme
Referral Only
Booking via Health
Visitors

9:30am - 11:30am
Family Advice &
Guidance
Drop-in

10am - 12pm
Sefton Parents/Carers
Group Coffee Morning
Last Wednesday of the
month, drop-in

9:30am - 11:30am
Family Advice &
Guidance
Drop-in

10am - 12pm
Little Chefs
Referral Only
Starting in September

9:30am - 11:30am
Family Advice & Guidance
Drop-in

9:30am - 11am
Baby Clinic
By appointment only via
Health Visitors @ Canning
Road Methodist Church,
PR9 7SS

9:30am - 11am
Sefton Breastfeeding
Support Group @ Canning
Road Methodist Church,
PR9 7SS

Afternoon

9am - 3pm
Sefton Welfare Rights
Appointment Only
Enquiries to
welfare.rights@sefton.gov.uk

1pm - 2:30pm
Little Explorers
For ages 0-4
Drop-in

1pm - 5pm
Family Law Advice
Appointment Only

6pm - 8pm
Caring Dads
Targeted Group
Referrals only through
Brighter Kinder Futures -
brighterkinderfutures@seton.
gov.uk

10am - 12pm
Careers Connect
Drop-in (16-18)

12:30pm - 5pm
Sefton Parent Carers
1-1 Drop-in

1pm - 3pm
Baby Clinic
By appointment only via
Health Visitors

1pm - 3pm
DWP (Department of
Working Pensions)
Drop-in

Virtual Offer

Information, Advice, and
Guidance

Breastfeeding Support

Parent Carer Panel

St. Andrews Place, Southport, PR8 1HR | 01704534975 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9:30am - 11:30am
Youth Connect 5
Referral Only
Starting in June

10:30am - 11:30am
Baby Massage
Referral Only
Starting in June

9:15am - 10:15am
Tea and Toast
Drop-in

10am - 12pm
Riding the Rapids
Targeted Group

10am - 12pm
ACES
Targeted Group Referral
only
Starting in June

9:15am - 10:15am
Tea and Toast
Drop-in

10am - 12pm
Riding the Rapids
Targeted Group
Referral only

Virtual Offer

Information, Advice,
and Guidance

Breastfeeding
Support

Parent Carer Panel

Afternoon

Phoenix Healing CIC
Freedom Programme
By appointment via 07368
686 730

12pm - 5pm
Midwives - Stop Smoking in
Pregnancy
Appointment Only

1pm - 5pm
Parent Carer Panel
Online Twilight Session

12pm-2pm
SWACA for Men
1-1 Drop-in

1:30pm-2:30pm
Chatter Time
Referral Only
Starting in June

1pm - 3pm
Peep Programme
Referral Only
Starting in June

5:30pm - 7:30pm
Riding the Rapids
Targeted Group
Online

103 Linaker Street, Southport, PR8 5DQ | 0151 288 6765 | Seftonfamilyhubdeliveryteam@sefton.gov.uk

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

9:30am - 10am &
10:15am - 11am
Toddler Rhyme Time at
Birkdale Hub Station
Master's House - call to
book

10:10am & 11:10am
Bloom Baby
Sessions run on 28/4, 12/5,
19/5
Call 07967813074 to book

9:30am - 10:15am
Jo Jingles
For 18m - 3yrs

10:45am - 11:30am
Jo Jingles
For 3m - 18m

29/4 - 20/5 - £24 (4wks)
3/6 - 15/7 - £42 (7wks)
Facilitated by partners
Booking Required

9:30am - 10:10am
Dancing Songbirds
For 18m-3yrs
Drop-in

10:30am - 11am
Baby Rhyme Time
For birth to crawling
Drop-in

9am - 11:30am
Positive Parenting
Course
Booking Required

Sessions run 13/6 - 4/7

Afternoon

1:30pm-2:30pm
Baby Yoga
For 6 - 12 month olds
Facilitated by partners
£10 Booking Required

Sessions run 28/4, 12/5,
19/5, 16/6, 7/7

1pm-3pm
Baby Weigh-in
Book with your Health
Visitor

1:30pm - 2:15pm
Bookworms!
For 18 months +
Booking Required

1:30pm - 2:30pm
Baby Massage
For 6wks - 6m
Facilitated by partners
£10 Booking Required

3-week course
9/5 - 23/5

4-week course
13/6 - 4/7

Farnborough Road Infant School | 01704 572 579 | c.horton.fs@schools.sefton.gov.uk

Sefton Family Hubs

First Steps Family Hubs

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

10am - 11am
Little Treasures
For birth to crawling
Drop-in

9:30am - 11:30am
Life's for Living Sefton
(Children)
Session runs on 25/6
Booking required

10am - 12pm
Life's for Living Sefton
(Adults)
Sessions run on 11/6 & 9/7
Booking required

10:30am - 11:30am
Little Chefs
For 2 - 5 year olds
Facilitated by partners
Booking Required

£12 for a 5-week course
25/4 - 23/5

£15 for a 6-week course
6/6 - 11/7

Afternoon

1pm - 2pm
Baby Weigh-in
Book with your Health
Visitor

1:30pm-2:30pm
Top Tots
For 18 months +
Drop-in

Saturday

10am - 12pm
Dad's Club

Sessions run on the
following dates:
3/5, 17/5, 31/5, 14/6,
28/6, 12/7

Kings Meadow Primary School | 01704 571606 | c.horton.fs@schools.sefton.gov.uk